**Minutes of Patient Group Meeting**

**Thursday 26 May 2022**

**2.30pm – 3.30pm**

**London Road Surgery**

**Patient Group members:**

Anita Engleman

Martin Engleman

Diane Lawrence

Robert Smith

Brian Smith

**Robert Frew Medical Centre** – 2 patients attended

**Practice Manager:** Grainne Donnelly (GD)

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|  | **Welcome** |  |
|  | Grainne welcomed everyone to the meeting |  |
|  | **Jane Dolby – Social Prescriber**  GD introduced Jane Dolby the PCN Social Prescriber.  Jane discussed her role in Wickford as part of the Primary Care Network (PCN) and how she supports patients.  Hand out given to show the areas that Jane works with. There are non-medical problems that she can help with. Pilot was done nationally in 2018 and Care Navigation introduced to the locality in 2019 to support Primary Care. Campaign is now called Live Well Link Well **0300 303** [**livewell.linkwell@nhs.net**](mailto:livewell.linkwell@nhs.net)  GD discussed the PCN and all the allied healthcare professionals now working in primary care because of the reduction in GP’s since 2015 of @1,500  These are:  Pharmacist  Physicians Associate  Paramedic  Social Prescriber  Dietician  These also support Care Homes.  It was also discussed if the patient Groups could work together to share information in the community. GD to invite all 3 Patient Groups to the next meeting. |  |
| **1.** | **Minutes of the last meeting** | All |
|  | No review of minutes from meeting on 23.2.22 as already sent out. |  |
| **2.** | **Virtual Patient Group - update** | All |
|  | GD discussed only one applicant for the Virtual group. All agreed that it would be good to attract younger patients and have a wider age range.  Wickford chit chat discussed and perhaps LRS should have a Facebook account to advertise for more members and share information. GD to action  NHS App was discussed.  Home Blood Pressure recordings – are encouraged as some patients have bought a BP machine and email/post their readings for 7 days.  Some patients are not able to access any digital platforms as they do not have a computer or smartphone. Discussion around some elderly patients who would benefit from a newsletter with phone numbers only. GD to discuss this with Jane Dolby.  Wickford Library run sessions for the community who need guidance/support with IT. |  |
| **3.** | **Development of London Road Surgery to be Dementia Friendly** |  |
|  | London Road Surgery is now engaging with Alzheimer’s Society to become Dementia Friendly. Clinicians to meet with MV in July to discuss Dementia awareness. |  |
| **4.** | **Our Mission Statement:**  **The practice aims to provide a high level of primary healthcare to the local community, with the emphasis on the family and the active use of giving good medical advice to our patients which will empower them to both prevent illness and improve their standard of healthcare. It is our intention to promote a healthier lifestyle to the community within which we work by providing a wide range of services.** |  |
|  | We would like to review our Mission Statement and have asked staff and now patients for their ideas. |  |
| **5.** | **Next Steps** |  |
|  | GD asked the group about their thoughts for other meetings of this type.  Suggestions were:  Mental Health Practitioner - Monika  PCN Pharmacist  GD to book one to attend the July meeting. |  |
|  | Close of the meeting |  |
|  | **Date of next meeting: tbc** |  |