**Home Blood Pressure readings**

**Please complete the form for Blood Pressure readings at Home**

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| --- | --- | --- | --- |
| **DATE** | **TIME OF DAY** | **BLOOD PRESSURE READINGS** | **COMMENTS** |
| *Eg 4.9.21* | *11am* | *140/90 mmHG* | *Watching TV* |
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Please return via email [londonroadsurgery@nhs.net](mailto:londonroadsurgery@nhs.net) or by hand or post

Thank you

London Road Surgery