

Nevendon Centre
Nevendon Rd,
SS12 0QG



*In collaboration with
London Road Surgery,
Robert Frew Medical Partnership
& Swanwood Partnership*

Wickford Wellbeing Cafe!

NEVENDON CENTRE

11:30 – 13:30 every Wednesday!

CALENDAR OF EVENTS

Come along for a cup of tea & a biscuit. Speak to Social prescribers & find out about local groups, activities & help & support in your community

DATE	TIME	TALK
16 th July	CLOSED	APOLOGIES – WE ARE NOT OPEN THIS WEEK due to prearranged events at the Nevendon Centre
23 rd July	11:30am	Open session – join us for tea & coffee & speak to our social prescriber
30 th July	11:30am	Essex Wellbeing Service – CO testing and Vaping
6 th August	11:30am	Technology Enabled Care – Learn what tech can help support you and your loved ones at no extra cost

Free to attend

